

1977 Region 7AA Boys - Saturday, June 4th at Grand Rapids

Teams: Duluth Central 100, Duluth East 73, Hibbing 57, International Falls 54, Forest Lake 46, Grand Rapids 42, Princeton 22, St. Francis 20, Duluth Morgan Park 18, Cloquet 15, Greenway 12, Cambridge 11, Duluth Denfeld 11, Two Harbors 6, Virginia 6, Proctor 3.

120 Yd High Hurdles

- 1 Mike Sandor, Hib 14.8
- 2 Mike Portugue, GR 15.1
- 3 Doug Roth, DCen 15.1
- 4 Mark Hall, DCen 15.3
- 5 Ron Petroske, FL 15.3
- 6 Mike Dirks, DEast 15.3

100 Yd Dash

- 1 Howard Nevanen, IF 10.2
- 2 Dan Mickelson, Hib 10.2
- 3 Willie Taylor, DCen 10.3
- 4 Jerry Darker, Denf 10.4
- 5 Kevin Peters, Cloq 10.4
- 6 Lyle Highland, TH 10.5

Mile Run

- 1 Dave Reagor, DEast 4:27.7
- 2 Brent Trevena, Greenw 4:34.9
- 3 Bob Klipo, DEast 4:36.7
- 4 Rick Wolff, FL 4:37.2
- 5 Phil Peterson, Denf 4:37.8
- 6 Kerry Fenner, Camb 4:38.0

880 Yd Relay

- 1 Duluth East 1:32.2 (Dirks, Boman, Tygart Eisenach)
- 2 International Falls 1:32.4
- 3 Forest Lake 1:33.6
- 4 Two Harbors 1:33.7
- 5 St. Francis 1:35.8
- 6 Cloquet 1:35.8

440 Yd Dash

- 1 Willie Taylor, DCen 50.2
- 2 Dean DeMaris, Hib 50.6
- 3 Chris Holmes, MP 50.6
- 4 Glen Tweet, GR 52.5
- 5 Tom Stoll, Greenw 53.1
- 6 Dave Lowe, Proc 53.2

180 Yd Low Hurdles

- 1 Mike Sandor, Hib 20.3
- 2 Mike Dirks, DEast 20.4
- 3 Dave Tygart, DEast 20.5
- 4 Mark Hall, DCen 20.9
- 5 Lee Nelson, FL 21.2
- 6 Tim Casey, GR 21.7

880 Yd Run

- 1 Scott Forbort, DCen 1:58.3
- 2 Jim Bowden, Prin 1:59.4
- 3 Joe Begich, Va 2:00.2
- 4 Ken Wurl, DEast 2:00.7
- 5 Allen Jackson, GR 2:01.6
- 6 Bob Effinger, Proc 2:02.5

Sprint Medley Relay

- 1 St. Francis 3:40.1 (Jungbauer, Staples, Kivimaki, Dalske)
- 2 Duluth Central 3:40.5
- 3 Duluth East 3:42.5
- 4 Hibbing 3:45.7
- 5 Greenway 3:46.1
- 6 Proctor 3:47.2

220 Yd Dash

- 1 Willie Taylor, DCen 22.8
- 2 Chris Holmes, MP 23.0
- 3 Howard Nevanen, IF 23.2
- 4 Jerry Darker, Denf 23.2
- 5 Kevin Peters, Cloq 23.3
- 6 Lyle Highland, TH 23.5

Two Mile Run

- 1 Norm Linnell, DEast 9:36.3
- 2 Chris Haugen, DCen 9:55.2
- 3 Bart Rehbeim FL 10:06.1
- 4 Mike Barnaby, DCen 10:08.6
- 5 Bruce Larson, Camb 10:14.3
- 6 Dick Valenty, FL 10:18.9

Mile Relay

- 1 Duluth East 3:27.9 (Reagor, Swanstrom, Wurl, Boman)
- 2 Duluth Central 3:28.1
- 3 Forest Lake 3:28.9
- 4 Hibbing 3:29.8
- 5 St. Francis 3:31.8
- 6 Grand Rapids 3:32.3

Shot Put

- 1 Pete Hennum, Cloq 51-5.25
- 2 Sheldon Boe, IF 51-0.75
- 3 Don Borgenheimer, Hib 49-2.5
- 4 Sean Woodiwiss, Prin 49-2.5
- 5 Rick Smith, FL 49-1
- 6 Todd Pauleck, IF 48-9

Discus Throw

- 1 Lyle Shuey, GR 164-4
- 2 Doug Berg, DCen 147-10
- 3 Mike Laliberte Hib 145-4
- 4 Don Balach, MP 142-6
- 5 Roger Logdahl, FL 136-11
- 6 Les Hendrickson, IF 136-9

Long Jump

- 1 Reldon Kersting, GR 21-2.75
- 2 Marty Jenson, FL 20-10.25
- 3 Bob Ries, GR 20-6.5
- 4 Scott Forbort, DCen 20-2.5
- 5 Doug Eisenach, DEast 20-1.5
- 6 Lee Nelson, FL 19-7

Pole Vault

- 1 Dave Laurion, IF 13-6
- 2 Brad Johnson, Camb 13-0
- 3 Steve Jungbauer, SF 13-0
- 4 Brad Peterson, DCent 12-6
- 5 Doug Anderson, IF 12-0
- 6 Keith Leiss, Denf 12-0

High Jump

- 1 Jim Bowden, Prin 6-4.5
- 2 Dave Litscheidel, FL 6-2
- 3 Jeff Friendt, IF 6-2
- 4 Mike Coleman, DCen 6-2
- 5 Rich Perkins, DCen 6-2
- 6 Mike Sandor, Hib 6-1

Notes: Duluth Central's coach was Steve Pfingsten.